

# CHARTIERS COUNTRY CLUB SWIM TEAM AND JR. SHARKS

*Each summer more than 80 swimmers participate in the Swim Team and Jr. Shark programs. Jump in and join the fun!*



**Please register by May 13<sup>th</sup> to ensure that you receive a team t-shirt.**

**It's time to register for the 2011 Swim Team and Jr. Sharks!** The swim team is designed for swimmers of all ability levels and is open to members up to age 17. (Swimmers must be able to swim a length of the pool unassisted.) The team will compete in approximately eight Tuesday and Thursday night meets against other area clubs. Swimmers may also be selected to represent the club at the area's regional and championship meets in mid-July.

The Jr. Shark program is for children who are at least 4 years old but not ready to join the team. Older swim team members provide basic swimming instruction to the Jr. Sharks under the direction of the swim team's coaches.

**Our Coaches ....** This year the team and Jr. Sharks will be led by Dave Schraven with the assistance of returning coach, Dave DiBella. While Coach Schraven is new to Chartiers, he comes to the club with a great deal of experience as both a coach and an accomplished competitive swimmer. Dave's first job after graduating from Stanford, where he was a member of two national champion swim teams, was as a swimming pro at a country club in Oakland, CA. He is excited to return to his roots. Since 2002, Dave has coached all levels of swimmers for the Mt. Lebanon Aqua Club and he is currently the head senior group coach and high school coach for Mt. Lebanon. Dave lives in Mt. Lebanon with his wife, Kelly, and two children, Janie and Jake.

Coach DiBella is returning for his second season at Chartiers. In addition to working with our swimmers, he is an assistant coach for the Chartiers Valley Swim Club, a dedicated masters swimmer and a competitive tri-athlete.

**Season Kick off Meeting and Team Suit Sale** – Join us on **Sunday, May 22<sup>nd</sup>** in the Chartiers Room to meet the coaches and hear about the upcoming season. We will have a short meeting starting at 2:30 p.m. Knabe's Swim Shop will be on site from 2:30-4:00 p.m. with team suits as well as practice suits, goggles and caps. Our team suit will be the same suit we had last year; the TYR Shockwave in red/black. Team suits are not required but the majority of the swimmers do seem to wear them. The girls suits are \$52 and the boys jammers are \$35. Payments for suits will be made directly to Knabe's. They accept cash, checks, Visa, Mastercard and Discover. If you can't make the suit sale on May 22<sup>nd</sup>, please call Knabes at (412) 824-6540 to order a suit or visit their store at 2526 Monroeville Blvd. (Jr. Sharks are welcome to purchase team suits, however most do not.)

**Swim team practices will begin Wednesday, June 2, 2010.** Weekday evening practices will be held on **Mondays, Wednesdays and Fridays from 6:00 – 8:00 p.m.** through at least June 10<sup>th</sup>. We will determine the start of weekday morning practices once we receive registrations and have a better idea of when most swimmers will be finished with school for the summer. In addition to the evening practices, we will have practice on Saturday, 6/4 and Saturday 6/11 from 9:30-11:00am.

**Normal Morning Practice Schedule:** We will start the normal morning practice schedule once school is out for most of our swimmers. The exact date will be communicated in late May. In response to requests from our team parents, we will continue to start our Monday practices one hour later than the practices the rest of the week so that the end of practice will coincide with the later pool opening time.

**General Practice Schedule:** Monday: 10:30 – Noon  
Tues-Sat: 9:30 – 11:00 a.m.

**There will not be practice on Sundays or on the days of meets.**

**Jr. Shark program:** The goal of the Junior Shark Program is to ease children ages 4 and older into the swim team. This is a mentoring program. Teen members of the swim team will give the Jr. Sharks basic swimming instruction under the direct supervision of the swim team coaches. Parents are required to stay during practice. This program is designed to be fun for our young swimmers.

The Jr. Sharks will begin meeting on **Monday, June 13<sup>th</sup>** and continue through Wednesday, July 6<sup>th</sup>. The Jr. Sharks will meet on Mondays from 12:00 – 12:30 p.m. and on Wednesdays and Fridays from 11:00 a.m. – 11:30 a.m.

**Fees:** The swim team and Jr. Shark registration fees for 2011 are \$50 per swimmer. The fees, which will be charged to member accounts in June, cover all expenses except for team swimsuits. (Swimmers receive a t-shirt, cap, and banquet admission. Each family also receives a team picture and a DVD copy of the banquet slide show.)

**We need the help of parent volunteers** to run each of our home swim meets and we must also provide timers and other volunteers for our away meets. Each family is expected to help at least once per swimmer at meets or with various other jobs throughout the season. No experience is needed!

**Completed Registration Forms / Questions??** Please e-mail or mail all completed registrations to the address indicated on the form by May 13<sup>th</sup>. If you have any questions, please contact Lori Feola at [lori.feola@verizon.net](mailto:lori.feola@verizon.net) or 412-276-1549 or Kristin Matheny at [pghmatheny@gmail.com](mailto:pghmatheny@gmail.com) or 412-257-8668.

***We look forward to seeing you and to another successful swim season!***

**Mark Your Calendar:**

Kick-off Meeting & Suit Sale: May 22, 2:30

Swim Team Practice Begins: Wednesday, June 2, 6-8 p.m.

Jr. Sharks Begins: Monday, June 13, 12:00-12:30 p.m..

Preliminary Meet Dates: June 14, 16, 21, 23, 28, 30, July 5, 7

Team Picture Night & Pool Party: Thurs, June 23 (home meet vs. South Hills)

8 & Under Fun Meet: Sunday, July 10 (usually late afternoon)

Diving Championships: Monday, July 11 (morning)

Regional Meet: Tuesday, July 12 (qualified swimmers, daytime meet)

Championship Meet: Tuesday, July 19 (qualified swimmers, daytime meet)

Team Banquet (including Jr. Sharks): Thursday, July 21